

BEGIN.

Lectio & Lattes—Tues, Jan 28 (7 PM)

This is an evening to slow down, take a breath, and have a guided, slow reading of Scripture. If you have never practiced a Lectio Divina (a prayerful way to engage with Scripture), it is easy to step into and will be fully guided. This group meets once a month; drop-ins are always welcome. Our January group will meet at the Sumners. For more information, contact Meg Sumner (megsumner@gmail.com)

Women's Monthly Prayer Group-Tues, Feb 18 (7:30-9:30 PM)

All women are invited to join Constance Zacharias on the 3rd Tuesday of each month for a time of Scripture and prayer. The focus of this small group is to build community and support through prayer. The group will run Jan 21—May 19. For more information, email Constance at <u>finance@jerichoridge.com</u>

LeadUp! - Sat, Feb 1 (8:30 AM-12:30PM)

LeadUp! is our bi-annual leadership training event that is open to everyone. This winter, we are focusing on helping you "Understand Your Leadership Style". Every person's way of leading has unique strengths, particular limitations and shadow-sides. Register <u>online</u> or in <u>app</u> and join us for a morning packed full of great content and conversation. The session will be held at Tyler & Lindsey Schacter's house.

Living Well Supports Mental Health - Tues, Jan 28 (7 - 9 PM)

Are you or a loved one living with a mental health challenge? Join us for our drop-in evening of resources, conversation and prayer in a safe and welcoming space. We partner with and meet at North Langley Community Church (21015 96 Ave).



Frontlines Volunteer Opportunity—Setup/Takedown Team

Serving with Frontlines is an excellent way to volunteer and get connected. Frontlines is the name of our ministry here at Jericho Ridge that takes care of areas like Welcome Centre, Coffee, Media, Greeting/Ushering and Setup/Takedown. Currently, we are needing 4 able-bodied people to join our Setup/Takedown team. You will receive training, join a two-person team, and serve approx. 1 Sunday/month. For more information, fill out the Connect Card at the Welcome Centre, in the Jericho Ridge <u>app</u>, or e-mail Pastor Wally at <u>wallyn@jerichoridge.com</u>

Guatemala 2020 - BAKE SALE- Sun, Feb 9

It is almost time for our much-anticipated annual silent auction bake sale for Guatemala! On Feb 9, the team will be auctioning off lots of fresh baked goods to help raise funds for the projects they will be working on during their time in Guatemala. Come ready to bid on delicious treats and support our team! You can pay by debit, credit or cash. If you would like to help out by baking an item, please contact Tammy Smethurst (<u>tammysmethurst@gmail.com</u>).

Mental Health Awareness- Bell Let's Talk Day- Wed, Jan 29

Jericho Ridge is a community committed to the compassionate care of the 1 in 4 Canadians who are living with mental health challenges. On Bell Let's Talk Day, the goal of #LetsTalk is to fight stigma so we invite you to speak up and speak out. We also invite you to reach out to Pastor Wally (wallyn@jerichoridge.com) if you or someone you know needs help. Together, we can make a meaningful difference in the lives of people we care about.



KIDS @ THE RIDGE Happening Sunday...

| Age 2 - Preschool (CL1) | Learning Lesson: | Jesus' First Miracle (John 2) |
|-----------------------------|------------------|--|
| Kindergarten- Grade 1 (CL2) | Learning Lesson: | The Lord's Prayer (Matt 6) |
| Grades 2 - 4 (Library) | Learning Lesson: | Sermon on the Mount (Luke 6; Matt 5-8) |

YOUTH :

Source - TODAY-Sun, Jan 26th (1:00 PM - 2:30 PM)

Source (Grades 7-12) At Source we will enjoy a meal together and then spend some time in prayer and Bible study. Next week's source is hosted by the Nicolle's from 1:00 - 2:30 pm. Talk to Pastor Mike for directions.

Proximity –Food Stomp - Thurs, Jan 30th (7–9 PM)

Proximity (Grades 7-12) will meet at Jericho Centre and head out for a grand tour of the finest foods. You will be whisked away for a buffet of delicious food. Cost is \$5.